

Health and Wellness Care Resources

During the NATO Protests

During NATO Protests the **Wellness Center** will offer first aid, chemical decontamination, health consultation, herbal remedies, bodywork, massage, and more.

Location: Grace Place, 637 S. Dearborn (3rd Floor)
Schedule: May 14: 10 am-6 pm
May 15-17: 10 am-10 pm
May 18-20: 9 am-10 pm
May 21: 10 am-10 pm

Crisis Hotline: volunteer healers and therapists will be available 10 am-10 pm, May 18-21 for:

- On-the-spot crisis intervention and mental health support
- Transformative Justice Options for callers experiencing a triggering moment
- Referrals for immediate and long-term care

Hotline number: 872-216-5306

Off-hours: email camcrishotline@gmail.com and we'll do our best to get back to you within 24 hours.

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Health and Wellness Care Resources

After the NATO Protests

Community Care Nights: we will offer a variety of wellness care, including ear acupuncture, bodywork, reiki, herbs, nurses on hand. Specific offerings vary by date. Check website for details.

Location: Sage Community Health Collective
2514 W. Armitage, #205

Schedule: First Friday, 5 pm-8 pm
June 1, July 6, Aug 3, Sept 7

chicagoactionmedical.wordpress.com
NATOprotest.org

Directions: the Wellness Center is accessible by the Red Line and any train circling the downtown loop and #62 bus route and Sage Community Health Collective is accessible from the Blue line or the Armitage, Milwaukee or Western bus routes.

Free or by donation resources for protesters, activists, and anyone needing health and wellness care.

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